



## **Health Project for Undernourished Nomadic Tribes**

### **Children, Pune, India**

*Here are the 2009 project evaluation and 2010 proposal for funding.*

#### **Balsangopan Centre Project Evaluation 2009**

**1. Introduction.** Please briefly outline the project, its purpose and overall achievements.

The project aims to provide medical and nutrition help to the malnourished children in the age-group of 0 to 5 years children belonging to nomadic tribes called Gosawi. It also aims to create awareness in the families about family planning and early girl child marriages, which is widely prevalent in the community. The population of this tribe is about 5000 persons and their children are malnourished & not having normal vaccination. While doing vaccination it noticed that these people are very poor, they cannot have enough food to their children, due to lack of education

and low income status.

These families are migrated from the Eastern Maharashtra region. Their current occupation is construction workers, beggars, vegetable vendors, rag-pickers etc. They live in tin shed houses, with a very small space. The surroundings of the houses is also unhygienic and thereby aggravating the problems and thus there is occurrences of the infectious diseases.

The education of the parents is not at all satisfactory. Most of the parents are illiterate and there are more than 3 to 4 children in each family, thus making the situation in the family worse, which normally results in under nourishment of the children as there are too many persons to be feed. Therefore there is a need about family planning which will give a lasting impact on the community. As already explained there is prevalence of early girl child marriages, which normally affects the girl's health as well as the newly born infant also. Therefore there is also a need of awareness on preventing early girl child marriages in the community.

**Objectives of the Project as mentioned in the proposal of 2009:**

1. To improve the health status of 35 malnourished children belonging to scheduled nomadic tribes.
2. To inculcate habit of cleanliness and hygiene.
3. To do awareness of parents regarding cleanliness, health, hygiene and waterborne diseases.
4. To create awareness regarding family planning and the importance of it.
5. To create awareness of family planning, and the disadvantages of early marriage.

**Overall outcomes**

1. Improvement of 35 malnourished children belonging to nomadic tribes. They have shown increase in weight and height. They have also remained sick for very few times.
2. The parents have shown inclination in habit of cleanliness and hygiene, such as they are sending their children neat and tidy. They take bath everyday.
3. The parents are using family planning contraceptives.

**2. People assisted (target group).** Please provide details on the people assisted by the Project. What were the type and level of needs and/or issues you encountered?

35 children were assisted through food (milk , eggs, fruits whole grams, rice , pulses, vegetables, etc). The doctors and project social workers visit the slums once in a month and take medical care activity. We provide them tonics like de-worming, tonic (b-complex), etc. The centre have a hygienic environment and maintained through daily cleanliness. Awareness camps have been taken and subjects such as importance of breast feeding, nutritious food, hygiene education and family planning.

The children also experienced pre-primary educational development through activities such as teaching nursery rhymes, poems, drawing, stories. etc.

**3. Number of people assisted.** Please record the number of people who benefited from the project.

**35 children**  
**Approximately 125 parents**

**4. Assistance provided.** Please describe what services were provided to the target group. For example:

- Assistance to meet general and basic needs;
- Services and support (eg counselling, referral, information, and advocacy)
- Group programs/courses, activities, camps, training,
- improving resources/facilities/buildings/equipment, other community development initiatives

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The children also experienced pre-primary educational development through activities such as teaching nursery rhymes, poems, drawing, stories. etc.

All 35 children were also given thongs and clothes.

**During the swine flu emergence the children were taken extra care by given them medicines on cold and cough.**

**5. Outcomes achieved.** Please describe what the target group achieved as a result of receiving assistance. Examples could include:

- an improvement in skills, knowledge, attitudes, self-esteem, motivation, social contacts/networks, confidence, empowerment, community participation, quality of life, life management skills, personal development
- Decrease in negative behaviour such as offending, drug/alcohol abuse;
- gained access to other services or resources, employment, education or training.

1. There is satisfactory growth in the age-group of 0-5 children, Their weight has increased to a satisfactory level. There is reduction in the incidences of infectious diseases,
2. The parents say that their children are urging them to give them bath daily and use tidy clothes.
3. The children are strongly willing to come to the day care center.
4. The children now look quite energetic and keep themselves engaged in playful activities.
5. The incidences of infectious diseases have reduced marginally.
6. The parents have shown inclination in habit of cleanliness and hygiene, such as they are sending their children neat and tidy. They take bath everyday.
7. The parents are using family planning contraceptives.

**6. Other Achievements.** Please describe other areas of achievements of the project.

Examples of other achievements could include:

- community development/community building and;
- improvement in facilities, services or organisational functioning;
- new facilities, programs or services established;
- existing programs expanded or enhanced;
- improvements in administration of a program leading to greater efficiency and/or service quality;
- recruitment and training of volunteers to improve or expand a program or service.

Some women through one to one dialogue were counseled about family planning operations and keeping surroundings hygienically clean. The parents have started using contraceptives. **We found that some mothers are of very young age i.e. around 20 years old and are already having two children, so our doctor advised them to use contraceptives.** The children are also given education through songs and displays.

**7. Any other comments** - Provide any other information relevant to the project.

Awareness on early girl child marriage was taken, due to emergence of swine flu. But we are planning to take it at the end of this month.

**Your Details:** *please update your details if necessary*

**Project:** BALSANGOPAN CENTER ( DAY CARE CENTER)

**Project Details:** Health Project for Malnourished Nomadic Tribe's Children.

**Project Contact Person:** Dh. Karunadeepa.

**Address:** JEEVAK, Raja Harischandra Road, Dapodi Pune - 12

**Phone:** 91 020 27144923

**Mobile:** 9423249242

**Fax:**

**Email:** jeevak47@rediffmail.com



**Balsangopan Photos from Jeevak 2009**

# Project Proposal 2010

**Project Site: : HADAPSAR ( GOSAVI VASTI)**

**Project Title: BALSANGOPAN CENTER ( DAY CARE CENTER)**

## **Description of the Project and people involved:**

The project aims to provide medical and nutrition help to the malnourished children in the age-group of 0 to 5 years children belonging to nomadic tribes called Gosawi. It also aims to create awareness in the families about family planning and early girl child marriages, which is widely prevalent in the community. The population of this tribe is about 5000 persons and their children are malnourished & not having normal vaccination. While doing vaccination it noticed that these people are very poor, they cannot have enough food to their children, due to lack of education and low income status.

These families are migrated from the Eastern Maharashtra region. Their current occupation is construction workers, beggars, vegetable vendors, rag-pickers etc. They live in tin shed houses, with a very small space. The surroundings of the houses is also unhygienic and thereby aggravating the problems and thus there is occurrences of the infectious diseases.

The parents are not well aware of simple nutritional dishes to be cooked in home.

The education of the parents is not at all satisfactory. Most of the parents are illiterate and there are more than 3 to 4 children in each family, thus making the situation in the family worse, which normally results in under nourishment of the children as there are too many persons to be feed. Therefore there is a need about family planning which will give a lasting impact on the community. As already explained there is prevalence of early girl child marriages, which normally affects the girl's health as well as the newly born infant also. Therefore there is also a need of awareness on preventing early girl child marriages in the community.

We found that some mothers are having two children at the age of 20-21 years, which will create problems to them, such as anemia and other related diseases. This also signified that there is clear indication of early marriages. Hence it is important to create awareness on family planning and early girl child marriage.

## **Objectives of the Project:**

1. To improve the health status of 35 malnourished children belonging to scheduled nomadic tribes.
2. To inculcate habit of cleanliness and hygiene
3. To do awareness of parents regarding cleanliness, health, hygiene and waterborne diseases.
4. To create awareness regarding family planning, **simple nutritional diet and the importance of education.**
5. **To perform anemia blood detection camps of around 150 women.**
6. To create awareness of family planning, and the disadvantages of early marriage.

## **Number of people the project will help:**

Direct Beneficiaries: 35 children age group 0 to 5 years.

Indirect Beneficiaries: Approximately 150 women.

**Duration of project:** For 1 year

## **How will the project be evaluated (We will send a Project Evaluation Form at the appropriate time)?**

We will evaluate the project with the help of an external evaluator who will evaluate the project for us. The external evaluator will be appointed in consultation with both JEEVAK and BODHI.

**Budget (Please be very specific, and use an extra page if necessary): (for one year)**

<b>Particulars</b>	<b>Funds requested from BODHI</b>	<b>Other contributions, if applicable</b>	<b>Total</b>
Salary for 2 women ( Rs 1200 x 2 x 12 months)	28,800.00	0	28,800.00
Food (vegetables, eggs, whole-gram, rice, fruits)	33,000	0	33,000.00
Fuel (GAS)	1000	0	1,000.00
Rent of the centre	13,000	0	13,000.00
Toys	500	0	500.00
Medicine (Tonic)	1000	0	1,000.00
Teaching Aids	500	0	500.00
Light Bill	1200	0	1,200.00
Travelling	3600	0	3,600.00
Doctors fees	12000	0	12,000.00
Stationery	1000	0	1,000.00
Sanitation Napkins, towels, etc	1000	0	1,000.00
Awareness Programmes on Family Planning, early child marriage and importance of education , etc	3000	0	3,000.00
Training / workshop on simple nutritional diet (2 times x Rs 500)	1000	0	1,000.00
Photographs	1000	0	1,000.00
Thongs (Rs 60 x 20 children) in case someone loses or damaged.	1200	0	1,200.00
Bank charges approximately	3000	0	3,000.00
<b>Total</b>	<b>105,800</b>	<b>0</b>	<b>105,800.00</b>

**The total budget for one year is**

**Rs 105,580/-**